



## 2 Kyu

ATAKA	TECHNIKA
<b>Suvari vaza</b>	
šomen uči	ikyo, nikyo sankyo yonkyo
kata dori	ikyo, nikyo sankyo yonkyo
<b>Hanmi handači vaza</b>	
katate dori	kote gaeši
ryote dori	šiho nage
<b>Tači vaza</b>	
šomen uči	ikyo, nikyo sankyo yonkyo gokyo irimi nage kote gaeši šiho nage
katate dori	ikyo, nikyo sankyo yonkyo irimi nage šiho nage kote gaeši kaiten nage (soto/uči) kokyu ho
kosa dori	ikyo, nikyo sankyo yonkyo irimi nage šiho nage
kata dori	ikyo, nikyo sankyo yonkyo
yokomen uči	ikyo, nikyo sankyo yonkyo irimi nage kote gaeši šiho nage



morote dori	ikyo, nikyo sankyo yonkyo kokyu ho
ryote dori	ikyo, nikyo sankyo yonkyo šiho nage tenči nage
uširo ryote dori	irimi nage kote gaeši šiho nage kaiten nage
tsuki	irimi nage
dziyu vaza	katate dori morote dori
<b>Suvari vaza</b>	
ryote dori	kokyu ho